

# Active Parenting of Teens



The challenge of successfully ushering children through their teen years has always been among parents' hardest-won achievements. Active Parenting of Teens teaches you how to help your teens develop the skills and character they need to not only survive but to thrive as they gain independence. You can create harmony and stability in your family while raising your teens to be responsible, courageous and prepared for independent life. This course will give you the guidance and support you need to turn the challenges of raising a teenager into opportunities for growth. You will learn: methods of respectful discipline, skills for clear, honest communication, concrete strategies to prevent risky behavior, how to be an encouraging parent, and much

more, including insight into important issues such as teens online, bullying and depression.

*Make a commitment to join us in this six (6) session course.*

**Where:** Goodson Middle School

**When:** September 17, 24, October 1, 8, 15 and 22, 2009

**Time:** 7:00 to 9:00 p.m.

**Cost:** **\$20.00** per parent/couple (includes parent guide and materials)



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## REGISTRATION – Active Parenting for Teens- Goodson

Please complete and return this form to your school counselor by **Tuesday, September 1<sup>st</sup>**. You may pay with cash or write a check to the **CFISD**. If you have any questions, please call Chrissy Reyna or Missy Raisbeck at 281-373-2717. We look forward to seeing you there!

**Student's name:** \_\_\_\_\_

**Name of parent(s) or person(s)**

**attending the course:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ (home) \_\_\_\_\_ (cell)

### For Office Use Only

School: \_\_\_\_\_

Counselor's name: \_\_\_\_\_ Phone: \_\_\_\_\_

Registration paid:  Yes  No

Title I School:  Yes (\$6)  No (\$20)