
















Sam Houston State University XC Invitational

Saturday, October 17, 2009
Kate Barr-Ross Memorial Park

- 7:00 am Depart From Cy-Ridge High School
- 8:30 am University Men (6,200m)
9:00 am University Women (4,850m)
9:40 am High School Varsity Boys (4,850m)
10:10 am High School Varsity Girls (3,200m)
10:30 am High School Junior Varsity Boys (4,850m)
11:00 am High School Junior Varsity Girls (3,200m)
- 12:00 pm Depart from Huntsville, Texas
- 12:30 pm Eat Lunch(Chedder's, 21001 Interstate 45, Spring, TX 77388, Phone: 281-528-7629)
(Take I-45 South, (Exit # 68) Exit Louetta Rd/Holzwarth Rd, On the Right)
- 2:00 pm Arrive at Cy-Ridge High School

Total Travel Estimates: 1 hour 15 minutes / 74.64 miles

A: Cypress Ridge High School: 7900 N Eldridge Pkwy, Houston, TX 77041

-  1: Start out going **NORTH** on **N ELDRIDGE PKWY** toward **TRADERS VILLAGE DR.** 0.5 mi
-  2: Turn **RIGHT** onto **WEST RD.** 0.5 mi
-  3: Turn **RIGHT** onto **US-290 E/NORTHWEST FWY.** 0.3 mi
-   4: Merge onto **US-290 E** via the ramp on the **LEFT.** 2.4 mi
-  5: Take the **SAM HOUSTON TOLLWAY** exit. 0.2 mi
-  6: Take the **SAM HOUSTON TOLLWAY NORTH** exit on the **LEFT.** 0.8 mi
-  7: Merge onto **W SAM HOUSTON TOLLWAY N** (Portions toll). 11.4 mi
-   8: Merge onto **I-45 N** toward **DALLAS.** 57.9 mi
-  9: Take **EXIT 118** toward **TX-75/SAM HOUSTON STATE UNIV/FM-1791.** 0.1 mi
-  10: Stay **STRAIGHT** to go onto **I-45 N/US-190 W.** 0.2 mi
-   11: Turn **RIGHT** onto **TX-75.** 0.2 mi
-  12: **486 TX-75 N** is on the **LEFT.** 0.0 mi

B: Kate Barr Ross Park: 486 Tx-75 N, Huntsville, TX 77320