

CYPRESS RANCH ATHLETICS 2009 SUMMER CAMPS

Registration begins May 1, 2009

SAC – STRENGTH AND CONDITIONING CAMP

PARTICIPANTS: Cypress Ranch Students, Grades 9–12. *
LOCATION: Cypress Ranch High School
DATES: June 15 – July 23 (Mon - Thur)
TIMES: 1st Session 8:00 am 10:00 am
2nd Session 3:30 pm – 5:30 pm **FEE: \$110**

BOYS BASKETBALL CAMP

PARTICIPANTS: Students in Cypress Ranch Attendance Zone, Grades 6 – 9 *
LOCATION: Cypress Ranch High School
DATES: June 8 – 11
TIMES: 8:00 am – 12:00 pm **FEE: \$60**

GIRLS BASKETBALL CAMP

PARTICIPANTS: Students in Cypress Ranch Attendance Zone, Grades 6 – 9 *.
LOCATION: Cypress Ranch High School
DATES: June 8 – 11
TIMES: 8:00 am – 12:00 pm **FEE: \$60**

SOFTBALL CAMP

PARTICIPANTS: Students in Cypress Ranch Attendance Zone, Grades 6 – 9. *
LOCATION: Cypress Ranch High School
DATES: July 6 - 10
TIMES: 12:00 pm – 2:00 pm **FEE: \$30**

VOLLEYBALL CAMP

PARTICIPANTS: Cypress Ranch Students, Grade 9 only.*
LOCATION: Cypress Ranch High School
DATES: July 27 – 30
TIMES: 1:00 pm – 5:00 pm **FEE: \$60**

FOOTBALL CAMP

PARTICIPANTS: Students in Cypress Ranch Attendance Zone, Grades 6 – 8,*
LOCATION: Cypress Ranch High School
DATES: June 22 - 26
TIMES: 8:00 am – 12:00 pm **FEE: \$60**

FRESHMAN FOOTBALL CAMP

PARTICIPANTS: Cypress Ranch Students, Grade 9 only.*
LOCATION: Cypress Ranch High School
DATES: August 3 – 7
TIMES: 8:00 am – 12:00 am **FEE: \$60**

* - Students must be within the Cypress Ranch attendance zone. Grades indicated are for the 2009/2010 School year.

Programs will emphasize: Personal instruction in skills, techniques and strategies, offensive schemes, defensive schemes and fundamental aspects of activities.
Instructors: Cypress Ranch Coaches at all camps.
Applications will be available on the Cypress Ranch Website beginning May 1st. Any questions please call the Cypress Ranch Athletic Office 281-373-2520.