

CYPRESS CREEK VOLLEYBALL TRYOUTS AUGUST OF 2009

Cypress Creek Volleyball Tryouts will begin on August 3, 2009 at 8:00am sharp. Each participant **must** have a current physical. Times are as follows:

Aug. 4 & 5 – 8:00am – 11:00 & 1:00pm - 3:00 pm

We will travel on a bus to Labay Middle School. Bring a lunch. We will return to Cypress Creek @3:30 pm

TEAM SELECTIONS WILL BE MADE

ON AUGUST 4th @ 3:00pm.

Aug. 5 & 6 - 8:00am to 11:00am & 1:00pm to 3:00pm.

Aug. 7 - Scrimmage held on various campuses: Varsity & JV at Labay, Freshman A and B at Stratford High School.

If you have any questions, please call (281) 897-4228 or 4200 or e-mail me @ deborah.jaehne@cfisd.net Also, check our website at cfisd.net then click on campuses, then on Cypress Creek and lastly athletics. **YOU MUST HAVE A**

CURRENT PHYSICAL TO TRY OUT!!!!!!!!!!!!!!

****The incoming Freshman camp will be July 27 – 30, 2009****
at Hamilton Middle School from 1:30 – 4:30pm.

Info on the strength and conditioning (this is not mandatory)

STRENGTH AND CONDITIONING CAMP

For cost, dates and times, either check the men's' coaches office or the Cypress Creek website or call (281) 897-4280.

There will be a camp for the JV and Varsity players at Cy-Fair High July 27-30 from 1:00 to 5:00. www.cycreekabc.com/