

CYPRESS CREEK HIGH SCHOOL

9815 Grant Road • Houston, Texas 77070 • (281) 897-4200

Jim Wells
Principal

Assistant Principals

Maggie Wiley
Associate Principal

September 4, 2009

Richard Alcorn
Frank Bravo
Rashad Godbolt
Todd Huisman
Jennifer Landry
Vallorie Mason

Donna Pahmiyer
Director of Instruction

Dear Parents and Guardians:

Now that we have been in school for nine days, we are beginning to see our first cases of flu in the district and on campus. A letter from Dr. Anthony went home in the first day packet talking about the flu, preparation, prevention, and protection guidelines, and the following district website was given for more information about the flu-www.cfisd.net.

To minimize the spread of illness in our community, please review the following carefully:

- Students must stay home with flu-related symptoms that include fever of 100 degrees or more.
- Students may not return to school until they are fever-free for 24 hours without the aid of a fever-reducing medication.
- Students' temperatures will be checked upon return to school.

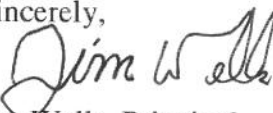
To help prevent the spread of respiratory illnesses such as the flu, take extra precaution to:

- Cover your nose and mouth with a tissue when you cough or sneeze, or sneeze into the crook of your arm.
- Wash hands often with soap and water, especially after coughing or sneezing. If you are not near water, use an alcohol-based hand cleaner.
- Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick as well.
- Stay home from work, school, and social gatherings if you get the flu.
- Keep your hands away from your eyes, nose, or mouth. Germs spread rapidly this way.
- Stay informed with the facts.

Our school nurse carefully monitors students who are sent to the clinic. Continue to encourage your children to get plenty of rest, eat a balanced diet, drink fluids, wash their hands often, and cover their coughs.

Working together will help us minimize the affects of flu on the Cy-Fair community this year.

Sincerely,



Jim Wells, Principal